



## Research article

# A systematic review of academic performance of Children with Disabilities (CWDs) in inclusive education schools in Low and Middle-Income Countries (LMICs)

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## ABSTRACT

Globally it is estimated that about 150 million children are living with disabilities. Inclusive education inspires the participation of all students in the learning process in the same classroom. However, it is really difficult to find thorough, credible accounts of disabled children's access to education, enrolment, attendance, and results. This review evaluated academic performance, including access to school, enrolment, attendance, and results of Children with disabilities (CWD) in LMICs. In reporting this systematic review, the researchers followed the recommended Reporting Items for Systematic Review and Meta-Analysis (PRISMA) reporting standards. The authors conducted searches using Science Direct, PubMed, Scopus, and Google Scholar electronic databases. The study's major findings indicate that CWDs in inclusive schools perform poorly academically compared to their non-disabled peers. Consequently, the researchers recommend more primary research to evaluate the academic performance of CWDs and the progress of inclusive education in LMICs.

## 1. Introduction

The United Nations Children's Fund estimates that 150 million children worldwide under the age of 18 have disabilities [1,2]. 9 out of every 10 of the 52.9 million children under the age of 5 who are disabled worldwide live in LMICs, despite the paucity of population-based data on children with disabilities [3,4]. Different low- and middle-income countries have varying rates of child disability prevalence [5, 6]). This is because there are no 'culturally and linguistically' appropriate evaluation techniques. This has been linked to the difficulties in identifying and defining disability in low-income countries [4,5]. This demonstrates that children with disabilities are not acknowledged or receiving the required care [6,7].

According to the Salamanca Statement, ordinary schools emphasising inclusion are the best places to fight discrimination, promote inclusion, and guarantee that everyone has access to education [8–10]. Inclusive education promotes the involvement of all children, irrespective of handicap, in the educational process in the same classroom [11,12]. Along with geographic location, the inclusion concept also considers fundamental values like involvement, solidarity, and interaction. Several LMICs have adapted inclusive education systems to ensure effective learning for children with disabilities and those without disabilities in the same classroom [13–15]. However, recent

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sizable global education polls indicate that many children are not learning in school, and even now, some of the most underprivileged children are not finishing basic school [16–18]. Aron and Loprest(2012) have firmly asserted that monitoring students with disabilities’ academic achievement is the only way to establish if they are learning in schools [19]. However, according to White, Saran, and Kuper (2018), and several other researchers, accurate records of CWDs enrollment, attendance, and academic performance in schools are difficult to find. It is often tough to track how well CWDs are doing about educational goals [20,21] and the reasons why some CWDs perform poorly or leave school, while others typically do well in sub-Saharan Africa [4,22,18,23]. As a result, a global report emphasized the urgent need to develop techniques for obtaining accurate information about CWDs’ access to education and learning [24–26].

In this milieu, the researcher’s purpose is to systematically review the academic performance of CWDs in inclusive schools in low- and middle-income countries. In particular, this review aims to determine the academic performance of CWDs in Low- and -Middle-

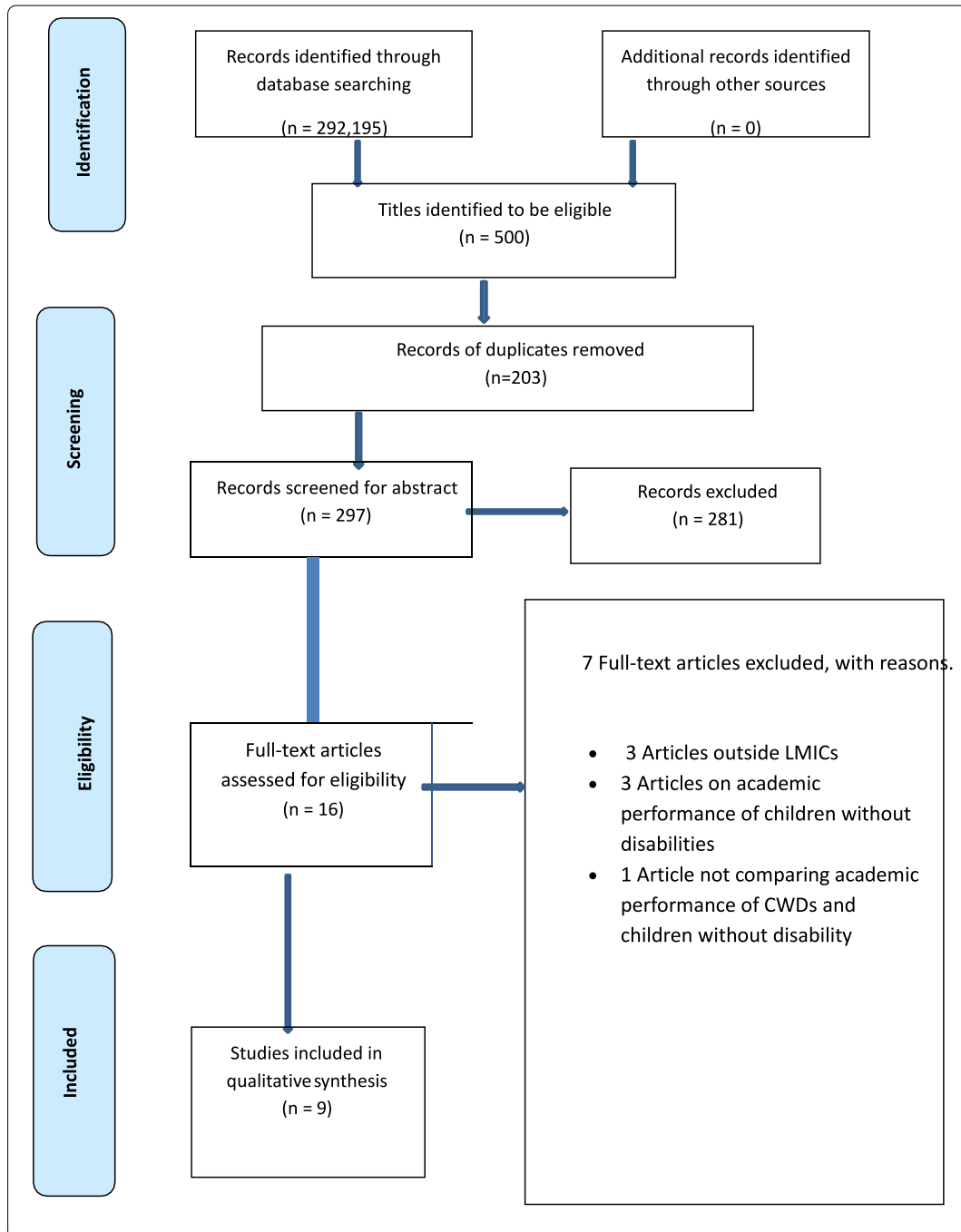


Fig. 1. Articles selection flow chart of literature review (Following PRISMA 2009).

income countries and determine their access to school, enrolment, attendance, and results in inclusive schools.

Monitoring CWDs' academic progress in inclusive classrooms is essential for stakeholders to determine whether the inclusive education policy the UN has mandated for its member countries is beneficial. It is critical to determine how CWDs are performing academically in inclusive schools in LMICs because it is the singular trajectory to assess the objective of establishing universal, high-quality primary education by 2030, as spelt out in Article 24 of the United Nations Convention on the Rights of Persons with Disabilities [27]. Again, policymakers can evaluate whether the inclusive education concept is the best education choice for achieving SDG 4.5.8 [28].

Nevertheless, there has been a long-standing debate about whether CWDs perform poorly academically compared to their non-disabled peers in inclusive schools [29]. According to Rones and Hoag Wood(2000), little is understood about the myriad of complicated elements that contribute to CWDs' low performance [27]. Landrum et al.(2003) found that the academic success of CWDs is likely to be lower than that of any other subset of children [30]. However other researchers attest that in inclusive settings, students with severe disabilities can develop academic, social, and self-determination skills [31]. Szumski et al. specified in 2022 that there were no disparities in the performance of CWDs in inclusive education and their non-disabled peers. Their data designated that there have been changes in the academic achievement of CWDs over some time now [32].

However, Huang (2012) is of the view that one question stands out as being crucial for everyone, and that is the fight to improve educational standards in classrooms so that all pupils benefit from inclusive education. He admits the strides made in the access and placement of CWDs in inclusive schools. Yet Huang strongly argues that too much emphasis has been placed on the significance of placement and access in inclusive education, at the expense of improving pedagogical quality and academic performance [33].

On the other hand, some researchers have revealed the gap in access to formal primary education between disabled and non-disabled children [34–37]. In the few available studies, children with disabilities are more likely than their counterparts to be out of school and are less likely than their peers to receive the chance to learn [19,38–41]. 'Unpublished data from a Fafo disability study in rural Niger reveals that while 81 % of school-age children without disabilities had attended school, among CWDs, just 35 % had. Additionally, among CWDs who began attending school, only 18 % of their peers from the next-door neighbourhood had dropped out, compared to 42 % of them. Regrettably, most CWDs leave school during their second year of primary school [42,43]. Conclusions drawn on a survey of 24 previous systematic reviews and impact assessments by the International Centre for Evidence in Disability specify that "very little evidence" is accessible to control what will ensure that all students with disabilities receive an inclusive education [44]. The report also notes that the current body of evidence is of poor quality, classifying 22 studies as low quality and only two as moderate quality. The paper did not include any studies from West Africa. A recent book called, "Education and Disability in the Global South" includes some empirical evidence from South-eastern African sites. However, it does not rigorously assess the performance of CWDs in inclusive schools [45].

Given the above argument, it is evident that there is unquestionably a lack of reliable and systematic accounts of disabled children's school academic performance, including access to school, enrolment, attendance, and results in inclusive schools in LMICs. It is perceived that the absence of quality data on the academic performance of CWDs means a deficiency of assessment of the inclusive education concept. This will infer a dearth in the assessment of SDG4 [22] and the 2030 target date for the United Nations' universal, high-quality, free primary education program [28]. For this motive, this systematic review scrutinized qualitative and quantitative studies related to access to school, enrolment, attendance, and school results of CWDs in inclusive schools in LMICs.

### 1.1. Aim

This study aimed to review recent literature highlighting the academic performance of CWDs in inclusive education in LMICs.

## 2. Materials and methods

This study followed the Ideal Reporting Item for Systematic Review and Meta-Analysis Protocols while reporting this systematic review (PRISMA) (Fig. 1).

### 2.1. Identification of research question

The study question was what research evidence exists on the academic performance of children with disabilities in inclusive education schools in Low- and middle-income countries?

### 2.2. Information source

Electronic databases that were searched from 2012 to 2022 included: Science Direct, Google Scholar, Scopus, and PubMed. Search terms included: Academic Performance, children with disabilities, inclusive education or school, and LMICs. The study screened all reference lists of significant studies to capture all relevant publications. This study included only studies conducted in English. Additional file 1 displays the search strategy for PubMed. The researchers used the same approach to search the other databases.

### 2.3. Search strategy

Medical subject heading (MeSH) and test words connecting to the themes of this review (Additional file 1) were used to search the

databases. To account for the diverse use of phrases shortened and suitable, Boolean operators were incorporated into the search strategy. Limitations are relevant to the inclusion and exclusion criteria were defined. Two reviewers (ESA) and (EO) autonomously screened the studies to ensure that studies satisfied inclusion criteria after reading titles, abstracts, and full texts. The researchers used a third reviewer (AE) to fix discrepancies between the two independent reviewers. They clarified the study's screening process for Systematic reviews and meta-analysis flow chart (Fig. 1).

#### 2.4. Study selection

The lead researcher, ESA, led a wide-ranging study title screening after doing database searches for relevant articles and then transferred all suitable study titles to an Endnote X20 library explicitly developed for this systematic review study. All duplicates found were removed before giving the review team access to the Endnote library.

Two trained reviewers (EO and EN) independently evaluated the submission. They used the screening tool to run concurrent abstract screenings employing a tool created using the inclusion and exclusion criteria as a guide. At the abstract screening stage, the review panel discussed the divergent opinions of the two reviewers until they reached an agreement. The two reviewers (EO and ESA) completed the full-article review, using the eligibility criteria-guided tool for the relevant articles. A third Reviewer (AE) resolved incongruities in reviewers' responses after the full-article screening. Researchers requested the assistance of the Kwame Nkrumah University of Science and Technology (KNUST) library services to help with the study's search plan. The librarians helped search for full papers that were not in the databases. The PRISMA flow diagram was used to report the screening results [19].

#### 2.5. Eligibility criteria

The following criteria were used to determine the inclusion of articles in the study.

**Type of data:** The study included data from qualitative and quantitative studies, or both, as well as published papers and theses/dissertations.

**Study design:** Primary studies including cross-sectional studies, case-control studies, cohort studies, baseline data from randomized and non-randomized control trials, and qualitative studies were suitable for inclusion.

**Study participants:** Children with disabilities (CWDs) in inclusive primary schools from LMICs. Published studies on children with disabilities in inclusive schools in LMICs were part of the study. Other studies included were those where most participants (>50 %) were from LMICs (Table 1).

**Search limitations:** Included in the study were data on school access, enrolment, attendance, and results of CWDs published between 2012 and 2022 (Table 1). These criteria ensured that current studies highlighting the reality regarding inclusive education of CWDs were involved in the review.

**Study Focus:** Studies reporting on enrolment, school attendance, and academic performance of CWDs and those concerned with barriers to school, access to school, enrolment, attendance, and school results or factors that enhance access to school, enrolment, and school attendance, and school results of CWDs were included (Table 1).

**Setting:** Studies conducted on CWDs in both inclusive public and private primary schools were appropriate for inclusion (Table 1).

**Language:** Due to financial restraints, researchers included only studies published in English.

**Table 1**  
PCC framework for defining the Population, concept, and context of the study.

| Determinants | Description  |
|--------------|--|
| Population   | Children with disabilities of all categories such as children with visual impairment, hearing impairment, intellectual impairment, mobility impairment, speech impairment, and several other disabilities in inclusive primary schools located in LMICs. |
| Concept      | Inclusive education schools where both children with disability and without disability learns in the same classroom.   |
| Context      | Academic performance or achievement of Children with disability in inclusive education schools including access to school, enrolment, attendance and school results  |

## 2.6. Exclusion criteria

The researchers excluded these studies from the review: Studies with CWDs who were not in primary schools and CWDs in only special schools. Non-peer-reviewed papers, case reports, conference proceedings, opinion pieces, commentaries, and studies on CWDs in inclusive primary schools done outside 2012–2022. In addition, there were abstracts, systematic reviews, and studies outside LMICs.

## 2.7. Data extraction

Disagreements were handled during the data extraction process by consensus building and discussion, with the option of one or two arbitrators to make decisions if necessary. To gather all the pertinent information from the included primary studies, the authors explicitly created a data extraction tool for this review. The pieces of information for the analysis taken from the primary studies and included in the study were the name of the author(s), publication date, the study's purpose, and the study's nation. The rest were the study's design, the study's environment, the study's population, the sample size, the type of academic performance, the essential findings, and the conclusions. ESA and EO independently extracted data and discussed the results to iron out disagreements. Subsequently, ESA and EO discussed the result of the data extraction process with the other review team members.

## 2.8. Assessment of methodological quality

To evaluate the methodology of the included primary studies, we used the mixed method appraisal tool (MMAT) version 2018 [42]. Using the MMAT-approved methodology, researchers included and evaluated the major articles. The percentage quality score of each of the primary papers included in the study was then calculated, with the results denoted as follows:  $\leq 50$  % -low quality, 51–75 % -average quality, and 76–100 % - high quality.

### 2.8.1. Data analysis and synthesis

The narrative was written methodically, with Tables and narrative summaries used to convey the features and conclusions of the included studies. The researchers assessed the robustness of the synthesis along with the exploration of relationships both within and across the included research. The authors followed the Economic and Social Research Council's (ESRC's) narrative synthesis in systematic review guidelines in this assessment [6]. This guidance offers a framework for narrative synthesis utilizing general and focused strategies and resources. Many systematic review studies have heavily utilized this framework. ESA carried out the synthesis after consulting with other review team members.

## 3. Results

### 3.1. Process evaluation

This section describes the nine articles included in this study. The databases searched and the number of articles retrieved were PubMed = 80036, SCOPUS = 6075, SCIENCE DIRECT = 198,904, GOOGLE SCHOLAR = 7180. Researchers found 292,195 items in total from the combined search. For a succeeding database search, 500 articles were suitable. Following the elimination of 203 duplicates, 297 papers that met the criteria for abstract screening remained. A total of 281 articles were excluded after the abstract screening. For full-text screening, sixteen articles qualified. Fig. 1 shows the PRISMA flow chart of the literature search and study selection, indicating 7 eliminated articles. The researchers considered 9 publications in total for the data extraction.

### 3.2. Summary of the included studies

Table 2 demonstrates the summary of reviewed articles including Country of study, aim of the study, geographical setting, study design, study population, nature of performance, and major findings. All nine studies were reviewed by the authors. The studies occurred in LMICs between 2014 and 2020. The researchers of the nine articles aimed to determine the academic performance of CWDs. However, one study considered the challenges CWDs face in mainstream schools and stakeholders' perceptions of disability. Four out of the nine studies were cross-sectional studies [46–49], and one each of the following studies: Longitudinal [50], quantitative design [41], descriptive research [51], qualitative research [52], and cluster randomized control trial [53]. The population of the study consisted of different kinds of disabilities. Fig. 2 demonstrates the types of disabilities studied, the time the study was published, and the country of publication. The researchers conducted four investigations in rural settings regarding their geographical context [37,43,44,49]. Three occurred in urban-rural areas [45,48,51], and two in urban areas [47,50].

### 3.3. Quality of the evidence

The Researchers conducted a methodological quality assessment using the MMAT 2018 version. The study yielded a score between 70 % and 100 %. Three studies had an average quality score of 85.7 % [43,45,48], two studies had the lowest quality score of 71.4 [44, 49], and four out of the nine studies had 100 %, as the highest quality score [37,46,47,50] (Additional file 2). Table 3 depicts the sample size for each study, major conclusions, strengths, and weaknesses of each study. The Sample size ranged from 103 to 215753 persons or households. The nine researchers had varied conclusions depending on the settings of the study and the needs of the schools.

**Table 2**  
Characteristics of included studies.

| Author and date | Country of study         | Aim of the study  | Geographical setting (urban/semi-urban/rural) | Study setting                                | Study design                                       | Study population (Type of disability)  | Nature of performance   |
|-----------------|--------------------------|---|---|--|--|--|---|
| [47]            | Ethiopia                 | To measure the academic achievement and self-concept of deaf and hard-of hearing (DHH) and hearing students from the first cycle (Grade 4) to the second cycle (Grade 5) of primary education   | Urban   | Ethiopia                                     | Longitudinal study                                 | Deaf and hard-of hearing and hearing students  | Academic self-concept (reading, mathematics and general school attendance), non-academic physical self-concept (physical appearance and physical ability) and non-academic social self-concept (relationships with peers and parents) |
| [37]            | Pakistan                 | To identify the extent to which children with disabilities are in school and learning the basics in literacy and numeracy   | Rural   | Punja villages                               | Quantitative design                                | Children with physical disability, visual impairment, hearing impairment and mental disability or over all lapping   | Literacy and numeracy, whether a child can subtract/read a story  |
| [44]            | Afghanistan              | To explore progress made in including children with disabilities in the classroom, improving their basic learning outcomes and protecting their emotional and psychological wellbeing following the general investment made in the education system | Rural   | Village households                           | A repeated cross-sectional research design         | Girls with disabilities, those with a mental, learning or associated disability and those living in household where the head was uneducated.                           | Access to school, literacy and mental distress  |
| [48]            | India                    | To identify the effect of disability on school enrolment, school completion and academic achievements of children in India.   | Urban and Rural                               | New Delhi                                    | Descriptive research design                        | Children with physical disability, visual impairment, hearing impairment or lacking the ability of self-care.  | Results of student assessments that measure academic achievements (reading, math, and writing test scores) and enrolment were used.   |
| Mantey [50],    | Ghana                    | To examined the challenges children with disabilities face in mainstream school, stakeholders' perceptions and causes of disabilities and implication for policy and practice.  | Urban   | Ga East District and New Juaben Municipality | Qualitative method of research                     | physically challenged (had mobility problems) intellectually challenged children   | School attendance/inclusion of children with disabilities in school   |
| [46]            | Sudan                    | To examine access to school, acquisition of basic learning outcomes like reading, writing and counting as well as considerations of experienced wellbeing.  | Urban and rural                               | nomadic settlements, Wadi Salih              | Cross-sectional study (Prevalence study)           | motor or physical disability, sensory disability, learning and developmental disability, behavioural disability mood and affect disability and neurological disability | Fundamental learning outcomes: reading, writing counting and access to school   |
| [45]            | Kenya                    | To find whether literacy outcomes differ by special units or special schools?   | Urban and rural                               | Kenya  | Cross-sectional study                              | Blind and deaf children  | Letter name identification, reading of familiar words, and passage reading  |
| [43]            | Pakistan                 | To investigate differences in school enrolment and performance on basic reading and mathematics tests   | Rural   | Punjab province in Pakistan                  | Cross sectional study (Quantitative study)         | moderate to severe disabilities  | reading: Urdu/Sindhi/Pashto, English, Mathematics and school enrolment  |
| [49]            | Pakistan and Afghanistan | To identifying ways of improving school social accountability mechanisms and evaluating their impact  | Rural   | Rural schools of Afghanistan and Pakistan    | A mixed method cluster randomized controlled trial | All children with disability and without disability  | Literacy rate   |

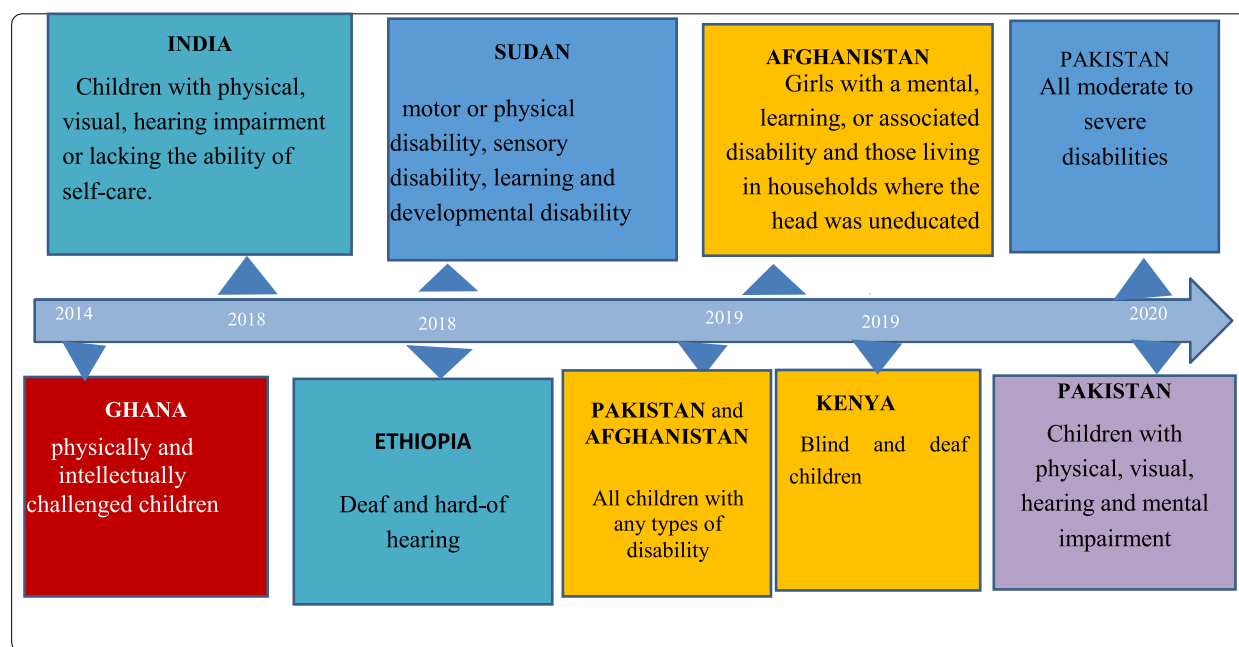


Fig. 2. Countries and types of disability studied.

The strength of the included study considered participants for each study, pretesting, instrument used for data collection, and handling of possible confounders. Three researchers collected data from children, parents, and teachers. Six researchers collected data from either parents or teachers. Two of the included studies pretested the instrument for data collection but seven did not. The majority of researchers used the Washington group test and the UNICEF child functioning model for identifying CWDs. Nevertheless, none of the researchers pretested or modified the tool to suit local situations. Only two studies anticipated possible confounders and took steps to alleviate them.

### 3.3.1. Outcome evaluation

The primary findings of the study gave six topic categories: literacy, numeracy, access to school, school attendance, enrollment, and self-concept (Table 4). Two of the nine studies revealed improved learning outcomes for CWDs. One researcher found equal performance for both CWDs and non-CWDs. According to six researchers, CWDs in inclusive schools are academically poor compared to their non-disabled counterparts.

## 3.4. Literacy and numeracy

Eight of the included studies encompassed information on either literacy or numeracy or both [41,46–52,54,55] (Table 2). Surveys conducted in Pakistan reported on literacy and numeracy, whether a child could subtract or read a story [46]. The study aimed to determine the percentage of school-aged children with physical, visual, hearing, and mental impairments who are learning the fundamentals of literacy and numeracy [41]. The researchers found that for CWDs with moderate to severe disabilities, learning outcomes are lower than for children without disabilities in both literacy and numeracy.

According to a study conducted in Sudan, children can learn to read, write, and count. Children with and without disabilities in the sample did not differ in terms of fundamental learning outcomes. The average number of children who attended school was 23.3%. 45.2% could read and write [49]. Children with physical disabilities, visual impairments, hearing impairments, or lacking the capacity for self-care had their educational achievements measured by student assessments (reading, math, and writing exam scores) in India. Children who have trouble hearing are more susceptible to academic success. Their participation in primary school was lower [51].

In Pakistan and Afghanistan, researchers assessed the literacy rate of CWD in rural schools. Their results showed that children encouraged by their teachers produced better academic performance [53].

Pieper et al. (2019) conducted a cross-sectional study in Kenya and discovered that children with disabilities had trouble identifying letters, reading known words, and comprehending passages.

Children with impairments in the blind and deaf populations were more adept at reading and writing letters than children without disabilities in the same grades [48].

### 3.4.1. Academic self-concept

In Ethiopia, the research found a longitudinal study measuring the academic achievement and self-concept of hearing and deaf

**Table 3**  
Major conclusions, strengths, and weaknesses of the study.

| ARTICLE | SAMPLE SIZE | Duration of the study | MAJOR CONCLUSION   | Strengths   | Weakness  |
|---------|-------------|-----------------------|--|---|---|
| [50]    | 103         | one year              | 1. Positive image of the social integration of deaf and hard-of-hearing children in mainstream schools. 2. Standardized academic achievement tests are required to ensure uniformity of assessment.  | Appropriate study design, participants selected with a relatively large sample size, participants selected from three different settings ((special schools, special classes and regular schools), the Self-concept of children was measured with self description questionnaire | No control groups were used, and No protesting was done   |
| [41]    | 1549        | X                     | 1. Parents value the school of CWDs. 2. Large proportion of children with disabilities are in mainstream schools 3. Several CWDs are learning the basics of numeracy and literacy.   | The objective of the study is well-stated, large sample size with controls, Washington Group Child Functioning Module (CFM) was used to identify children with disability, Possible confounders emanating from a small sample of CWDs were properly addressed                   | The duration of the study is not clearly stated, local pretesting of CFM was not tested locally   |
| [47]    | 107         | 2years                | 1. CWDs face challenges in the enrolment stage and continuing education beyond the primary level. 2. Lower level of income discourages school participation and continuation of education 3. Efforts should be made to provide quality education for CWDs with improved infrastructure, pedagogical resources, and education expenditures. 4. The Lack of studies is more alarming in the field of disability and inclusive education in LMICs | A randomized selection of participants was appropriate for the study. , a locally developed version of the disability screening tool was used to identify CWDs in households. Both parents and CWDs were interviewed.   | The sample size was small for a longitudinal study of over eight years. No controls were used and there was no pretesting of the locally developed screening tool   |
| [51]    | 215753      | X                     | 1. CWDs face challenges in the enrolment stage and continuing education beyond the primary level. 2. Efforts should be made to provide quality education for CWDs with improved infrastructure, pedagogical resources, and education expenditures. 3. When a child has a disability, the impact of the mother's education on the child's chances of completing school is higher.   | Large sample size, the study used questions from the Washington Group to identify a disability. Controls were selected, and detailed reporting and analysis of data.  | The aim of the study is not clearly stated, the questions from the Washington Group were not modified to suit local needs, and the questions from the Washington Group were not locally tested. The duration of the study was not clearly stated. |
| [52]    | 19          | X                     | 1. Some challenges like the negative attitude of teachers should be controlled before the education system can fully benefit children with disabilities.   | The aim of the study is well stated. Appropriate study design. Interview of children, parents, and teachers.  | Small sample size, no pretesting, no control group, duration of the study not clearly stated  |
| [49]    | 11089       | 4months               | 1. More effort is needed to increase the schooling and learning outcomes of CWDs. 2. There is a need for more engagement of parents within the education system. 3. There is a general need to focus on bringing CWDs who are still out of school to school. 4. It is feasible to incorporate CFM in household surveys in other low-income contexts.   | A large sample size and a validated screening instrument were used to collect data, both parents and CWDs were interviewed, and detailed reporting and analysis of collected data   | The aim of the study no clearly stated, No controls, no pretesting  |
| [48]    | 429         | one year              | 1 There is a lack of evidence about what intervention might improve the child's learning experience and well-being in LMICS. 2. There is a lack of evidence for what might improve the learning  | The aim of the study is clearly stated, relatively large sample size, Possible confounders were addressed with large-scale data available, detailed reporting, and analysis of data.  | Used only literacy skills to measure academic performance   |

(continued on next page)

Table 3 (continued)

| ARTICLE | SAMPLE SIZE | Duration of the study | MAJOR CONCLUSION  | Strengths  | Weakness   |
|---------|-------------|-----------------------|---|--|--|
| [45]    | 36076       | one year              | <p>experience of children with disabilities in conflict settings.</p> <p>3. The Lack of studies is more alarming in the field of disability and inclusive education</p> <p>1. Children with disabilities are the ones who are most likely to be disadvantaged and most likely be left further behind in an education system already fraught with low-quality of teaching and learning</p> <p>2. It is not only the learning of children with disabilities which is compromised but also the learning of their siblings/co-residents,</p> <p>3. Pakistan is still lagging in the inclusion of CWDs in mainstream schools.</p> <p>4. There is a need to focus on other members of the households and not just on CWDs when planning policy interventions.</p> | The aim of the study clearly stated, a large sample size the study used questions from the ASER to identify a disability, use of control variables, detailed analysis of data, | ASER questions were not modified to suit the local understanding of disability |
| [53]    | 108         | one month             | <p>1. Teachers acknowledged diversity in the requirements of learners and the need to tackle existing limitations of learning environments.</p> <p>2. The interest and the flourishing of the children are legitimate parts of the learning experience.</p>   | participatory group model building (GMB) was pretested, detailed reporting and analysis of collected data  | The sample size is relatively small for a cluster randomized controlled trial  |

Table 4

Overview of the academic performance of CWDs.

| Author and date | Objective of the study   | Academic achievements measured |           |            |          |          | Improved/Not improved/Equal performance by CWDs |                   |
|-----------------|--|--------------------------------|-----------|------------|----------|----------|---|-------------------|
|                 |  | Access to school               | Enrolment | Attendance | Literacy | Numeracy |   |                   |
| [50]            | To improve academic achievement and self-concept of deaf and hard-of-hearing students                                      |                                |           |            | x        | x        | x   | Improved          |
| [41]            | To measure the extent to which CWDs learn basic literacy and numeracy  |                                |           | x          | x        | x        |   | Not improved      |
| [47]            | To explore the progress made in improving basic learning outcomes  | x                              |           |            | x        | .        |   | Not improved      |
| [51]            | To identify the effect of disability on school enrolment, school completion, and academic achievements                     |                                | x         |            | x        | x        | .   | Not improved      |
| [52]            | To examine the effects of challenges of CWD in mainstream schools on their school attendance                               |                                |           | x          |          |          |   | Not improved      |
| [49]            | To examine access to school and acquisition of basic learning outcomes   | x                              |           | x          | x        | x        |   | Equal performance |
| [48]            | To determine how literacy outcomes differ by special units or special schools.   |                                |           |            | x        | x        |   | Improved          |
| [45]            | To investigate differences in school enrolment and basic learning skills   |                                | x         |            | x        | x        |   | Not improved      |
| [53]            | To identify ways of improving school social accountability mechanisms and evaluating their impact on learning basic skills |                                |           |            | x        |          |   | Not improved      |

students. The investigation revealed that a drop in academic self-concept is not associated with a drop in academic achievement [50].

### 3.5. Access to school

As shown in Table 3, two studies reported on access to school, among other findings [47,49]. Federici et al.(2019) conducted a repeated cross-sectional study in Afghanistan to determine access to schools and found that less than one-third of CWDs had access to education [47]. Bakhshi et al.(2018) studied basic learning outcomes among CWDs in Sudan and concluded that on average, 23.3 % of CWDs accessed schools [49].

### 3.6. School attendance

A qualitative study in Ghana by Efua (2014) examined the problems children with disabilities face in regular school using School attendance and inclusion of children with disabilities in school. There was an indication that children with disabilities get enrolled in regular schools but, their numbers are far less than those out of school [52]. In Ethiopia, researchers measured school attendance among other achievements. They discovered that, in contrast to popular belief, a significant number of children with disabilities attend regular schools [50].

### 3.7. School enrollment

Singal et al. (2020) led a cross-sectional study on children with moderate to severe disabilities in Pakistan to explore variances in school enrolment and performance in basic reading and mathematics. The researchers discovered that CWDs who reside in Pakistan's Punjab province had a lower likelihood of attending school. Compared to children without disabilities, these children's odds of enrolling in school are just 66 % higher [46].

To determine how disabilities affect Indian children's academic success, school completion, and enrollment in school. Takeda et al. (2018) found that, in comparison to children with disabilities, children without disabilities had greater rates of school enrolment, completion, and years of education, as well as lower dropout rates [51].

## 4. Discussions and recommendations

This review intended to gather evidence on the academic achievements of children with disabilities in inclusive schools in LMICS. It identified varied results, including literacy and numeracy, access to school, school attendance, academic self-concept, and school enrollment of CWDs. Nevertheless, a maximum of two studies confirmed any of these achievements. This is quite worrying because the study covered LMICs. However, this finding confirms previous studies that there are generally no reliable and efficient accounts of disabled children's school enrollment, attendance, and results in sub-Saharan Africa in general and West Africa in particular [6,45,56].

The main findings of this study indicate that CWDs are academically poor compared to their non-disabled counterparts. This can be partially explained by the infrastructural and institutional challenges faced by CWDs in inclusive schools. Furthermore, these results align with some past research [57–60]. On the other hand, this review found that CWDs can improve their basic learning skills with encouragement and support from parents and teachers. Mulat, Lehtomäki, and Savolainen(2018) indicated that the Literacy rate increased with better treatment and encouragement by teachers [50]. Similarly, Other researchers believe that intrinsic motivation can improve literacy and numeracy but it can be enhanced through teachers' and parent's autonomy support [61]. Thus, this review affirms the attachment theory by Bowlby and Ainsworth that children can explore the world when they build bonds with their parents and carers [62]. Consequently, two noteworthy variables for improving the academic accomplishments of CWDs are parental and teacher involvement at home and in school respectively [63–65]. These findings suggest that stakeholders ought to consider it essential to parents' and teachers' role in the academic achievement of CWDs. Proper and sufficient attention, should be given to the methodological training of teachers and parents to improve the achievement of CWDs throughout the educational process.

There was no significant association between academic self-concept and academic performance of CWDs according to this study. Two researchers in Singapore revealed the same results, indicating that twice-exceptional pupils had psychological vulnerabilities as well as inadequate academic self-concept and self-efficacy. Their academic failure may be the result of this vulnerability [66,67]. Contrarily, some researchers found that students may have high academic self-concepts and academic self-efficacy, which support their success in the classroom [65,66,68]. Researchers in Tehran and other places found that academic self-concept and performance indicators are closely related, thus self-concept predicts achievement [65,69,70]. There are contradictory views on the link between self-concept and academic achievement of CWDs. This confirms the finding by Cappa et al. (2015) that more nations are collecting data on disability at the population level due to the UN convention which holds states responsible for inclusive education. Nevertheless, there are currently no established methods for measuring the inclusive education concept, and various data collection methods have been employed by different countries over time to meet data requirements [4]. This can be the reason for the inconsistencies observed. The need for standard research in the field to authenticate the right results is necessary [71].

The study found no difference in the acquisition of basic literacy and numeracy skills among children with disabilities and those without disabilities [49]. This is not surprising since the study was conducted in a conflict context in Darfur. Both children with disabilities and those without a disability might have faced challenges emanating from the conflict that contributed to low academic performance. Despite such confounders, a recent longitudinal study in Poland confirms our finding that there is no variation in the academic achievement of CWDs and non-CWDs [32].

This review also found with skepticism that children with a disability had more competence in letter signs than children without a disability [48] against the general notion that non-CWDs do better than CWDs in terms of educational achievement [72]. Again, this study further discovered a possible confounder. The comparison was done with CWDs in unit schools and special schools. The researchers had taken care of the possible confounders by using extensive data from Kenyan classrooms without special needs to look into how literacy levels are distributed. It was found that, across nearly all metrics of literacy, students served by special schools for the blind outperformed those who were enrolled in special units within “regular” schools [56]. This finding advocates that CWDs in special schools may have access to the needed teaching-learning materials and qualified teachers that enhance their learning than those in regular schools [73]. Governments and stakeholders are to provide inclusive schools with the needed infrastructure, teaching-learning materials, and qualified teachers. This will improve the academic achievements of CWDs in regular schools.

The results of this study established that children with disabilities had lower literacy and numeracy rates than children without disabilities in mainstream schools. This finding is consistent with studies by Morgan and Sullivan [74,75]. Furthermore, other researchers have associated low literacy and numeracy skills with the effect of disabilities on CWDs. They are certain that Disability is a major factor in educational marginalization, as seen by persistently lower reading and numeracy rates for CWDs than for non-disabled children [76,77]. These findings imply that CWDs are not receiving effective teaching in inclusive schools. Teachers in mainstream schools need adequate training to enable them to offer pedagogical strategies that can help CWDs improve their literacy and numeracy skills.

According to this research, 23.3 % of CWDs have access to schools in Sudan [49] whilst one-third of disabled children attended school in Afghanistan. It was also discovered that children with disabilities are among those who face the greatest barriers to attending school and finishing their primary education [78]. These results are in agreement with an earlier study that disability has a detrimental impact on a child’s likelihood of attending school at the primary and secondary levels. According to the authors, children with disabilities face difficulties at their family level regarding their access to school [79]. Yet CWDs who do not have access to school are vulnerable in so many ways. According to Trani et al.(2011), children with disabilities who are not enrolled in the formal education system run the risk of losing out on educational opportunities as well as being left out of vital child survival programs, increasing their vulnerability [80].

It is, therefore, necessary that stakeholders of inclusive education make frantic efforts and formulate policies to improve CWDs’ access to schools in LMICs.

Children with disabilities are more unlikely to be enrolled in schools than their non-disabled peers [46,51]. This is consistent with research findings in India and Bangladesh which concluded that children’s disabilities and school enrolment and completion have a statistically significant negative association. According to surveys, children with impairments have difficulties not just when enrolling in classes but also when they move on to higher levels of school [51,81]. The need for research into this problem cannot be over-emphasized. The reason why CWDs are not enrolling in school despite all the conventions and the call of SDG 4 for inclusion is crucial for policymakers.

This review indicated divergent views on school attendance. In Ethiopia, a significant number of children with impairments attend regular schools. But in Ghana, CWDs who attend school are far below those who do not. This difference can be emanating from cultural and traditional beliefs and practices in the two countries. Research conducted in some parts of Ghana reveals discrimination against mothers of CWDs [52,82–86]. Zuurmond et al. (2022) discovered that most mothers are accused of bringing disabilities into the family [87]. Mothers with such experiences will find it difficult to send their CWD to school, this could be contributing to the low number of CWD who attend school in Ghana. Studies in other parts of the world propose that the probability that a child in a developing nation may miss school due to a disability is not well documented. Despite the acceptance of an inclusive education strategy globally, children who do make it to school have lower attendance rates and a decreased likelihood of moving up the education system [21,42,88]. These reports prove that more research and policy consideration are required to improve school attendance among CWDs in LMICs.

The review findings emanated from rural, urban, or rural-urban settings. This means a wide range of CWDs in different geographical settings in LMICs were captured in the review. This gave an exhaustive overview of the academic performance of CWDs in inclusive schools in LMICs.

Likewise, the review embraced studies from both quantitative and qualitative methods including a randomized controlled trial in LMICs. This ensured a comprehensive review of available data on the academic performance of CWDs. The study explored a wide range of academic performance: literacy and numeracy, access to school, school enrollment, academic self-concept, and school attendance. Accordingly, the review was all-inclusive as far as the academic performance of CWDs is concerned.

The study had Date and language limitations which might have exempted some original studies on the academic performance of children with disabilities from the review. Again, the study missed some children with real disabilities since these children are normally enrolled in special schools but studies on children in special schools were excluded. Additionally, research carried out in LMICs was the only one included in this systematic review, which prevented it from being used as a global representation.

## 5. Conclusion

This study’s main goal was to ascertain the academic achievements of CWDs in inclusive schools in LMICs. The academic performance of CWDs embraces the substantial possibility of improving the learning, engagement, and social interactions of CWDs in inclusive schools. This is essential in assessing the progress of the all-inclusive education heralded by the UNCRPD and SDG 4.5.8.

This study found that there is typically no trustworthy and effective data on CWD’s school enrollment, attendance, and results in LMICs. However, the available data indicate that some children with disabilities were more proficient at letter signs than children without disabilities. There was no significant association between academic self-concept and academic performance of CWDs. The

research detected divergent views on school attendance by CWDs. However, the key findings of this systematic review show that CWDs perform poorly academically when compared to their non-disabled counterparts. The study results also attest that there is scanty research on the academic performance of CWDs in LMICs and that there are discrepancies in the available data. Consequently, the researchers recommend more primary research to evaluate the academic performance of CWDs and the progress of the inclusive education package in LMICs.

### Ethics approval and consent to participants

This study did not include human or animal participants; hence, it did not need ethical approval.

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No funding has been secured for this study.

### Data availability statement

Data included in article/supplementary material/referenced in article. Data associated with this study has not been deposited into a publicly available repository. Upon a reasonable request, the corresponding author will make all data created for this work available.

### Additional information

There is no additional information for this paper.

### CRediT authorship contribution statement

**Evelyn Serwaa Adjei:** Writing – review & editing, Writing – original draft, Software, Resources, Project administration, Methodology, Investigation, Formal analysis, Data curation, Conceptualization. **Ernest Osei:** Writing – review & editing, Validation, Supervision, Resources, Formal analysis, Data curation. **Anthony K. Edusei:** Validation, Supervision, Project administration, Data curation. **Emmanuel K. Nakua:** Supervision, Software, Project administration.

### Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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### List of Abbreviations

|              |                                      |
|--------------|--------------------------------------|
| <b>CWDs</b>  | Children with disabilities           |
| <b>LMICs</b> | Low- and Middle-Income Countries     |
| <b>SDG</b>   | Sustainable Development Goal         |
| <b>MMAT</b>  | Mixed-method appraisal instrument    |
| <b>ESRC</b>  | Economic and Social Research Council |

### Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.heliyon.2024.e25216>.

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