



Review

Assessment of coastal and marine ecosystems in West Africa: The case of Ghana

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ARTICLE INFO

Keywords:

Coastal and marine ecosystems
Socio-ecological framework
Anthropogenic drivers
Environmental pollution
Ecosystem management

ABSTRACT

Coastal and marine ecosystems, as integral component of social, ecological, and economic systems, are critical in providing essential ecosystem services that underpin human activities, including fishing and mining. Effective management of these ecosystems is paramount to safeguarding their vital contributions. This study adopts a socio-ecological framework, “Drivers (D) of human activities (A), associated Pressures (P), State change in coastal and marine environments, Impact (I) on human welfare (W) and Response (R) as measures (M) of management, (DAPSI(W)R(M)),” to analyse the complexities of coastal and marine ecosystems in the Ghanaian context. The study identifies various drivers of anthropogenic activities, such as fishing, oil and gas production, and waste disposal. These anthropogenic activities create significant pressures, including selective extraction of living and non-living resources, as well as habitat degradation through substratum loss and pollution. Consequently, these pressures have led to changes in fish biomass and habitat quality, among other ecological shifts.

1. Introduction

Coastal and marine environments provide enormous ecosystem services (e.g., food, shelter, employment, security, transportation, and scientific research, among others), which contribute to shaping the progress of human culture and economic development, as well as defining how humans connect to the rest of the world (Bowen et al., 2006; Clark and Johnston, 2016).

Globally, >3 billion people depend on coastal and marine ecosystems due to their substantial social and economic benefits such as fishing and tourism. With an estimated value of US\$ 4.6 trillion, marine tourism constitutes about 50 % of the global total revenue from tourism and has

the potential to employ nearly 8.5 million individuals by 2030. Shipping (including freights transportation) accounts for about 80 % of the world trade, with an estimated 11 billion tonnes in 2021, while mining was valued at US\$ 35 billion (Löf et al., 2022; Northrop et al., 2022; UNCTAD, 2022).

Coastal and marine environments host diverse habitats (e.g., estuaries and reefs) and a wealth of biodiversity, essential for sustaining life (e.g., nesting and spawning), and climate regulations (Schumm et al., 2021; United Nations, 2017). The ocean, for instance, hosts approximately 10 million of the world’s species, with diverse essential genetic resources (UN, 2017). Furthermore, it produces about 50 % of the world’s oxygen, while absorbing about 30 % of carbon dioxide.

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Mangroves alone storing up to five times more carbon dioxide (Chatting et al., 2022; Rabone et al., 2019; UN, 2017).

Although coastal and marine environments have been integral to the development of human civilisation and linking cultures, they have also been a subject of deleterious human activities (FAO, 2022; Quimbayo et al., 2022). These activities include illegal, unreported, and unregulated (IUU) fishing, coastal deforestation, sand mining, and pollution (e.g., by macro- and micro- plastics, organic waste, hydrocarbons) from industrial and domestic sources, with areas, including marine protected areas not being spared these detrimental effects (Agyeman et al., 2021; Faseyi et al., 2022; Nunoo and Agyekumhene, 2022). This situation has led to the development of several international conventions (e.g., the 15th Convention of Parties on Biological Diversity (COP15) and agreements (e.g., the FAO Code of Conduct for Responsible Fisheries) aimed at protecting and conserving coastal and marine resources (Hofmann, 2022; UNESCO-IOC, 2021; UNESCO, 2020). Several other ocean management tools (e.g., marine protected areas and spatial planning) have been proposed and implemented in some areas (e.g., Great Barrier Marine Parks, Galapagos Marin Reserves) across the globe to reduce or eliminate pressures, change in the state or impact of these ecosystems caused by several human activities (Masud et al., 2022; Trouillet and Jay, 2021). Due to the socio-ecological nature of coastal and marine ecosystems, the integration of social and ecological priorities in decision-making to curb degradation and ensure resilience and sustainability has also been proposed (Abelson et al., 2020; Schratzberger et al., 2019).

There is an urgent call for enhanced conservation and sustainable utilisation of coastal and marine resources, which face considerable pressure and state change owing to human activities (OECD, 2022; United Nations, 2017). This requires that policymakers and managers of

coastal and marine resources in coastal countries adopt integrated adaptive management strategies. The broadly and previously used approach known as Drivers (D), Activities (A), Pressures (P), State changes (S), Impacts (I) on human welfare (W) and the Response (R) as Measures (M) (DAPSI(W)R(M)), is crucial for facilitating efficient and effective decision making processes (El Mahrad et al., 2020; Nicholls and Hanson, 2007). The DAPSI(W)R(M) framework, which is an expanded scope of the DPSIR framework, is an integrated and interdisciplinary approach that bridges the gap between the environment and society. It provides a distinctive holistic structure to problems and can identify management approaches capable of addressing the myriad of linkages between environmental challenges and their drivers, activities, and pressures (Elliott et al., 2017; Gari et al., 2015). Despite its capability, there is little work that fully articulates this tool in the decision-making of coastal and marine resources globally, especially in the West African region.

Therefore, our study aims to apply the DAPSI(W)R(M) framework to the coastal and marine environment of Ghana (West Africa) as the case study and propose some recommendations for sustainable management.

2. Materials and methods

2.1. Study area

Ghana is located in West Africa and has a coastline (Fig. 1) of approximately 550 km, with an exclusive economic zone (EEZ) area of 225,000 km² (Armah and Amlalo, 1998; Nunoo et al., 2014; Wiafe, 2010). The coastal and marine environment has diverse resources, including fisheries, nesting and feeding grounds for birds and turtles, oil and gas reserves, sand and gravels, salt, lagoons, estuaries, beautiful

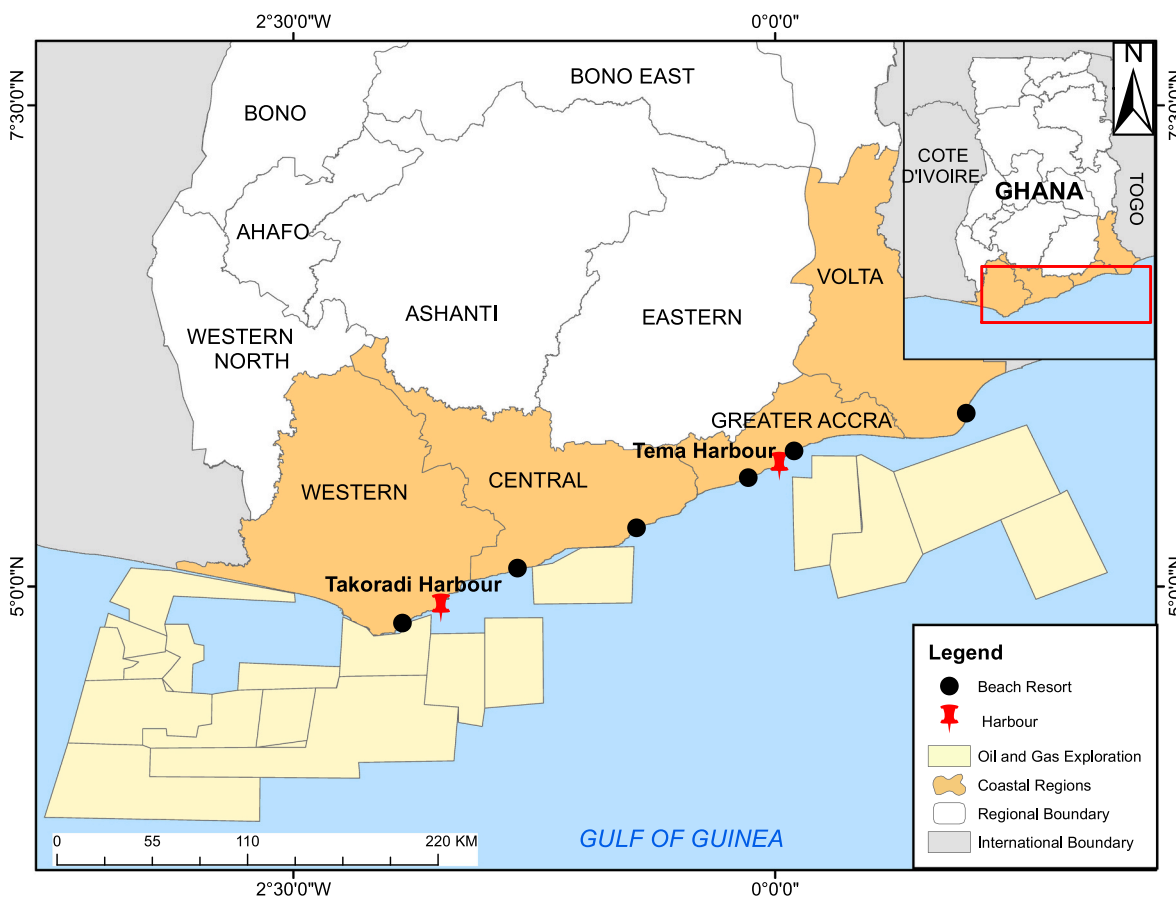


Fig. 1. The coastal regions and marine environment of Ghana with some human activities, such as infrastructure construction, oil and gas mining and exploratory activities.

beaches (sandy and rocky), etc. (Environmental Protection Agency of Ghana, 2020; MoFAD, 2019; Skaten, 2018).

There are four coastal administrative regions along the 550 km coastline, namely:

Western Region – The region borders Cote d'Ivoire on the west, Central Region on the east, and the Atlantic Ocean on the south, with about 192 km coastline (Boye et al., 2018). Sekondi-Takoradi is its administrative capital. Ghana's second largest marine shipping port, the Takoradi Port, is on the coast of the Western Region. There are offshore crude oil and gas extraction activities in the Western Region, with the majority of petrochemical industries and thermal plants located along its coast. The region has several heritage and tourist sites, including forts and castles (Gbeckor-Kove et al., 2021a).

Central Region – It has a coastline length of about 168 km (Ghana Statistical Service, 2013). The region is bordered by Greater Accra Region, Western North and Western regions, Eastern and Ashanti regions, and the Atlantic Ocean to the east, west, north, and south, respectively. The administrative capital for the region is Cape Coast. The region hosts essential fishing ports (e.g., the Elmina Fishing Harbour) and numerous tourist sites (i.e., colonial forts, castles, beaches) along its coast.

Greater Accra Region – It is home to the national capital (i.e., Accra) with a coastline that extends from Krokrobite in the west to Ada in the east (Greater Accra Regional Co-ordinating Council, 2016). It is the hotspot for economic activities, shipping (i.e., Tema shipping port) and fishing facilities (e.g., Tema, and Jamestown fishing harbours), and enormous urban growth at the expense of vegetative cover and coastal habitats (Addae and Oppelt, 2019).

Volta Region – It is located at the easternmost part of the coastline of Ghana and shares boundary with the Volta Lake. The region has the shortest coastline with important fisheries and beaches, which supports essential livelihoods and generates revenue.

2.2. Methods

2.2.1. Data source, collection, and analysis

Data were systematically collected (spanning a 20-year period) by using predefined keywords and search phrases, including “the importance of the coastal and marine environment in Ghana,” “human activities in and along coastal area of Ghana,” “human activities in the marine

environment of Ghana,” “pressure from fishing activities,” “pollution of coastal wetlands,” “climate change and coastal zone of Ghana,” among others, as a guide to search for data from online scholarly portals (i.e., ScienceDirect, Google Scholar, Frontiers, Nature Journal, etc.), government institutions' portals (e.g., Ghana Maritime Authority (GMA), Ghana Ports and Harbours Authority (GPHA), Ministry of Finance (MoF), Ministry of Fisheries and Aquaculture Development (MoFAD), etc.), academic and research institution portals in Ghana, and other sources (Abalansa et al., 2021; El Mahrad et al., 2020).

The present study draws on an extensive collection of literature, totalling 162 publications (Fig. 2), comprising 77 peer-reviewed journal articles, 46 reports, 6 theses, and 33 other relevant sources. This selection encompasses materials published between 2004 and 2023 chosen based on their relevance to the research theme (El Mahrad et al., 2020; Takyi et al., 2021, 2022). Additionally, field observations were conducted in Greater Accra and Volta regions to assess the spectrum of anthropogenic activities occurring in the coastal and marine environments. These observations were conducted using a comprehensive checklist.

The relevant information in the data gathered was analysed, collated, and tabulated (Table 1) into Drivers, Activities, Pressure, State Change, Impact on *Welfare*, and Response as *Measures* of the framework herein referred to as (DAPSI(W)R(M)).

3. Results and discussion

3.1. Drivers

3.1.1. Biological and physiological needs

The quest to fulfil fundamental biological and physiological needs, such as drink (water) and food (Fig. 3), becomes significant in a country grappling with water scarcity of about 12.3 % and with over 11 % of the population experiencing food insecurity (with 6 % severely food insecure) cannot be overemphasised (Addo, 2023; Ghana Statistical Service, 2022; MoFA et al., 2020). For instance, seawater provides desalinated potable water to over 500,000 people within the Greater Accra Region (Ghana Water Company Limited, 2019; Ngnenbe, 2020). Coastal and marine environments provide diverse fish species (e.g., *Sarotherodon melanotheron*, *Katsuwonus pelamis*, *Dentex* spp., and *Carcharhinus leucas*), marine mammals (e.g., *Peponocephalus electra*), salt, and other animals that serve as a food source to individuals and communities (Sagoe et al.,

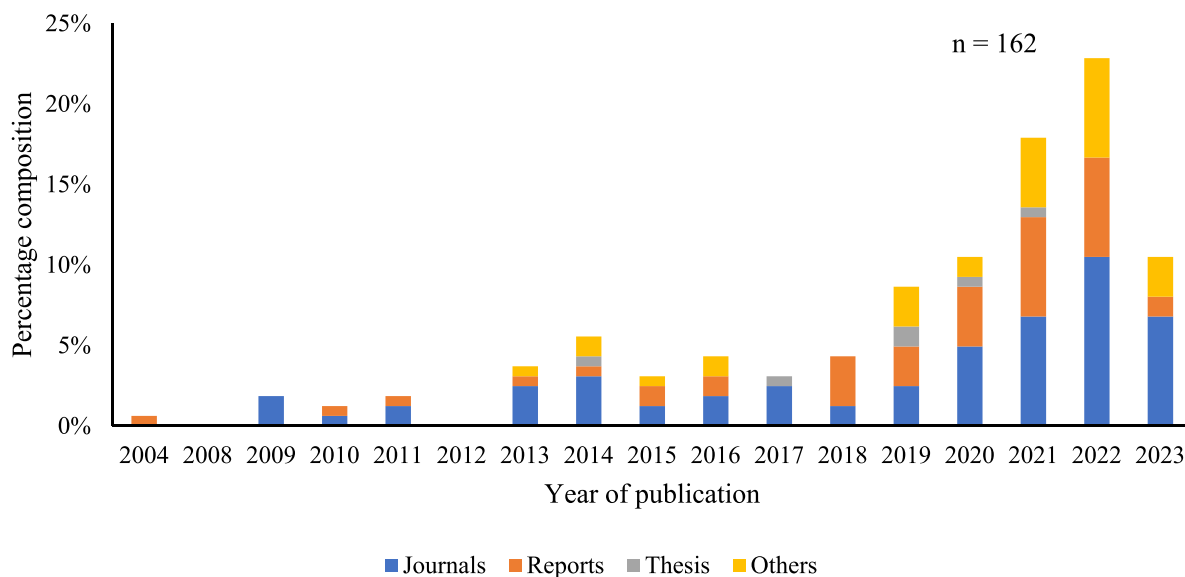


Fig. 2. Percentage composition of literature used for the study, with most of the data sourced from publications between 2019 and 2023, and peer review dominating the literary work.

Table 1
Analysis of data on coastal and marine environments with the DAPSI(W)R(M) framework.

Drivers	The basic human needs based on Maslow’s proposed theory relating to the needs for an individual’s survival, i.e., the biological and physiological needs (e.g., food, water, shelter), psychological (e.g., esteem) and self-fulfilment needs which influence human activities.
Activities	These are the fishing, mining (e.g., salt, oil, and gas mining), shipping, and construction of infrastructure activities, including water desalination facilities, ports, sea defence, oil and gas pipelines (Fig. 3), etc. that are undertaken within the coastal and marine areas due to the need to meet the drivers.
Pressure	Reflects the rate and mechanism of change resulting from exogenic pressure (i.e., climate change) and the human activities (endogenic pressure) taking place within the coastal and marine environment. e.g., rate of abrasion, smothering, desiccation, and introduction of compounds (Fig. 3).
State Change	Refers to the change in the state of species diversity and distribution, genetic resources, marine and fresh water supply to lagoons, among others due to the pressure generated by activities of humans in the coastal and marine environment.
Impact on Welfare	Refers to the effect of the state in the change in the environment on the ecosystem services that the coastal and marine environment provide to humans, i.e., availability of food (e.g., fish), safety concerns, impact on leisure, etc.
Response as Measures	This is the management measures, i.e., convention, laws, regulations, institutions, and traditional norms that has been applied or currently in place to curb or reduce or eliminate the drivers, activities, pressures, and state changes. e.g., Wild Animal Preservation (Amendment) Law of 1983, Coastal Development Act of 2017, and taboos on killing sea turtles.

Adapted from Elliott et al. (2017).

2021; Seidu et al., 2022). Furthermore, the need for shelter due to the availability of land and building materials (e.g., sand (Plate A), stones, wood, thatch, etc.) for the construction of homes and other buildings is an essential driver (Asante et al., 2023; Ghana Statistical Service, 2022). For instance, due to the availability of land and building materials, about a quarter of the population of Ghana lives in the coastal zone (Adu-Gyamfi et al., 2020).

3.1.2. Safety needs

The need to be secured and safe for freedom from fear of natural physical phenomena (e.g., tidal waves, etc.) and external aggression, including piracy, human trafficking, and terrorism, are essential drivers. For example, coastal and marine environments serve as avenues for policing (e.g., IUU fishing) and safeguarding installations, communities, and the country within the EEZ (Bell et al., 2021; Pichon and Pietsch, 2020).

3.1.3. Revenue

The need of an individual or a country to raise revenue (Fig. 3) from salaries and taxes for the provision of goods and services at the personal or national levels in a country where multidimensional poverty is over 46 % is a driver (Ghana Statistical Service, 2022). For instance, the Government of Ghana (GoG) generates about 65 % of domestic revenue from the ports and about US\$ 12 million, US\$ 152 million, and US\$ 26 million from salt, canned tuna, and chilled fish exports in 2021, respectively (Adams, 2021; Ghana Export Promotion Authority, 2022a, 2022b; Koranteng, 2022; Ocloo, 2022a). Furthermore, offshore crude oil production has yielded an average total revenue of approximately US\$ 525.52 million per year between 2018 and 2021 (MoF, 2018a, 2019, 2020, 2021a).

Individuals could earn revenues (between US\$ 55 and US\$ 184 per month from Keta Lagoon or US\$ 1000 and US\$ 1730 annually from mangrove fuelwood harvest) due to the rich biodiversity and the aesthetic value in a country with an annual household income of about US\$2900 (Dali et al., 2023; Ghana Statistical Service, 2019; Sagoe et al., 2021; Sekey et al., 2023).

3.1.4. Livelihood

The aspiration of an individual to be employed or a country to create employment (e.g., fishers, freight forwarders, offshore drilling engineers, hoteliers, traders, etc.) for its citizens to reduce the rate of unemployment and poverty in a country where the unemployment rate is about 13.9 % is a driver (Adams, 2021; Ghana Statistical Service, 2022; Sekey et al., 2022).

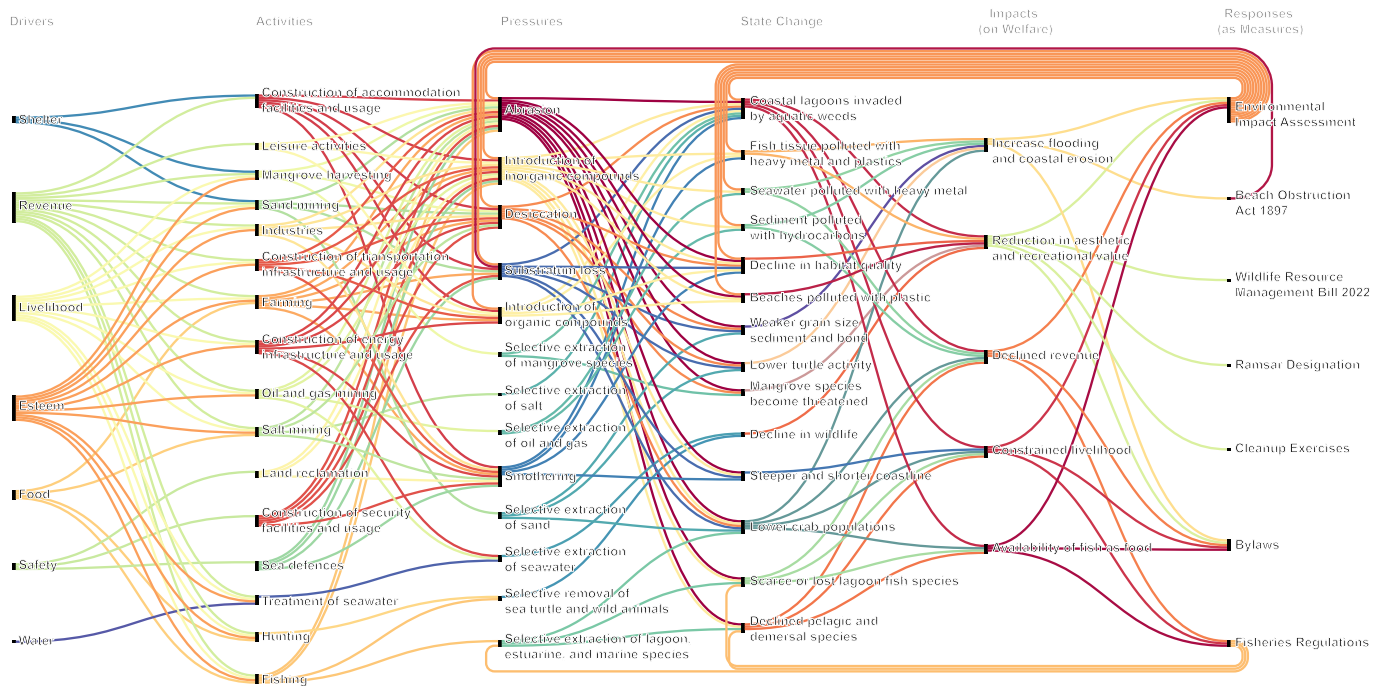


Fig. 3. The linkage between drivers (D) of human activities (A), their associated pressure (P), and the state change (S) in coastal and marine environments of Ghana, with impact (I) (on welfare (W)) and some management responses (R) (as measures (M)) (adapted from Takyi et al. (2023)).



Plate A. An example of an onsite arrest of a pick-up load of beach sand by security personnel at Keta in the Volta Region of Ghana. *Photo credit: Cynthia Addo.*

3.1.5. Esteem needs

The needs to be independent and self-reliant (i.e., achieving sound economic dominance, with receive respect from others) is a motivator. For instance, Ghana wants to continue to enjoy independence and respect from the comity of nations because of its role as an essential fishing, shipping port, and energy hub in West Africa.

3.2. Activities

Considering the drivers described earlier, several human activities (Fig. 3) take place within Ghana's coastal and marine environments, which include the following:

3.2.1. Fishing and farming

Fishing activities (Table 2) include artisanal, semi-industrial, and industrial fishing that target different species of fish. These fishing activities employ fishing gears of varying sizes and types and methods (e.g., trawling, seining, and traps) to meet the desire for food, livelihood, esteem, and revenue generation (MoFAD, 2021; Nunoo et al., 2014; Nunoo and Azumah, 2015).

Coastal crop farming of plants (e.g., coconut, rubber, cabbage, chilli), forestry (e.g., mangrove afforestation), and the rearing of animals (e.g., shrimps) on small to large scales are prevalent in the coastal zone due to the need for food, drink, revenue, livelihood and the availability of land (Darko et al., 2022; Maya, 2020; Nkansah-Poku et al., 2009).

3.2.2. Treatment of seawater for use

This activity involves seawater desalination (because of the need for water) to supply potable water (40,000 m³/day) to communities within the Greater Accra Region for domestic and other uses (Table 2) (Ngenbe, 2020).

3.2.3. Harvesting and hunting

Mangroves and other plants are harvested as building materials, fuelwood, and for distillation of local gin 'Akpeshie' due to the need for shelter, drink, livelihood, and revenue (Dali et al., 2023; Nunoo and Agyekumhene, 2022). Additionally, because of the need for food and revenue, the coastal forest of wetlands is used as hunting grounds for wildlife (Atubiga and Donkor, 2022).

3.2.4. Mining

Mining activities include offshore oil and gas drilling and coastal area sand, stones, and salt mining due to the need for revenue, shelter,

food, livelihood, and esteem. Oil and gas are mined in the Jubilee (i.e., 60 km off the coast, with a 110 km² area and a total water depth between 3500 and 4200 m), Twenneboa, Enyenra, and Ntomme (TEN) (i.e., up to 24 wells), and the Sankofa Gye Nyame fields, off the coast of the Western Region of Ghana (Kastning, 2011; MoF, 2020, 2021a; Skaten, 2018). These activities make use of Floating Production Storage and Offloading vessels (FPSOs) installed in about 1100 m depth offshore for the processing of 80,000 to 120,000 barrels of crude oil per day (MoF, 2018b).

Sand mining involves uncontrolled clearing of vegetation, scooping of sand with shovels, and head pans. The sand is carted with pick-up vehicles (Plate A), and mechanised dump (tipper) trucks (Anim et al., 2013; Jonah et al., 2015a). Salt mining (i.e., on large and small scales) activities involve the construction of salt pans in coastal wetlands and pumping of seawater (Atta-Quayson, 2018; Mensah, 2021; The Business and Financial Times, 2022).

3.2.5. Construction of infrastructure and use of coastal and marine ecosystems

These activities (Table 2) include the construction and operation of infrastructures for the transport (e.g., roads, railways, shipping (Plate B) and fishing ports, and container terminals (Plate C)), and the energy (e.g., rigs, oil and gas pipelines, refineries, thermal plants, and fuel storage tanks) sectors, as well as industries (e.g., for tuna, steel, and cement) (Akweteh et al., 2021; Ghana National Gas Company, 2022; GPHA, 2021; Gyan et al., 2020; Volta River Authority, 2021). This is to meet the esteem, safety, revenue, and livelihood needs.

Additionally, the construction and utilisation of several types of residential, commercial (e.g., health centres, markets, beach resorts (Fig. 4), entertainment centres, and schools), security (e.g., forward operating bases), and sanitation facilities (e.g., landfill, and sewage treatment plants) are present to meet shelter, revenue, livelihood and esteem needs (Ahmed et al., 2018; Ghana Investment Promotion Council, 2022; Graphic.com.gh, 2019; Ministry of Tourism Arts and Culture, 2020; Salifu, 2019). The construction of coastal protective structures, i.e., 110 km of grey infrastructure (Plate D), reclamation of beaches, and dredging of wetlands and nearshore waters are rife due to safety needs (Agyeman, 2022; Angnuureng and Appeaning Addo, 2013; Asiedu-Addo, 2021; Charuka et al., 2023; Ghana Business News, 2019).

Other human activities, including research, military activities (e.g., patrols and surveillance by the Ghana Navy), leisure (i.e., swimming, horse riding, and quad biking), and waste (e.g., plastic and organic) discharge from residential, commercial, and health facilities into wetlands, beaches, and marine waters are rife along the Ghana coast (Kortie and Quansah, 2016; Lazar et al., 2020; Ocloo, 2022b).

Table 2
Human activities/sectors in the coastal and marine environment of Ghana, West Africa.

Sector/Activity	Regional Coastal and Marine Area				Reference
	Western	Central	Greater Accra	Volta	
Fishing	x	x	x	x	Nunoo and Asiedu (2013)
Farming					Darko et al. (2022); Maya (2020)
– Crops and animal rearing	x	x	x	x	
– Aquaculture			x		
Harvesting and hunting	x	x	x	x	Nunoo and Agyekumhene (2022)
Treatment of seawater			x		Ngnenbe (2020)
Mining					
– Oil and gas	x				Kastning (2011); Jonah et al. (2015a); Atta-Quayson (2018)
– Sand and stone		x	x	x	Ghana Ports and Harbours Authority (GPHA) (2021); Akweteh et al. (2021); Field observation
– Salt		x	x	x	
Transportation infrastructure					
– Shipping ports with container terminals (i.e., Tema and Takoradi)	x		x		
– Fishing port (e.g., Elmina, Dixcove, Tema, etc.)	x	x	x		
– Drydocks	x		x		
– Roads	x	x	x		
Energy infrastructure					Adjimah and Luki (2017); Ghana National Gas Company (2022)
– FPSOs	x				
– Refinery (Oil and Gas)	x		x		
– Gas pipelines	x				
– Thermal plants	x		x		
Coastal protection, land reclamation and dredging	x	x	x	x	RSIM Directorate (2022)
Tourism and leisure					Ghana Investment Promotion Council (2022); Field observation
– Hotels, beach resorts, monuments (e.g., castles, forts, etc.)	x	x	x	x	
– Public beach use	x	x	x	x	
Residential, education and sanitation infrastructure					Ahmed et al. (2018); Salifu (2019); Field observation
– Housing	x	x	x	x	
– Health facilities	x	x	x		
– Educational facilities Schools	x	x	x		
– Commercial centres (e.g., pubs, markets, banks, etc.)	x	x	x	x	
Industrial use					Field observation
– Large scale (e.g., tuna processing, cement manufacturing, etc.)	x	x	x		
– Small scale	x	x	x	x	
Waste disposal					
– Domestic	x	x	x	x	Kortei and Quansah (2016); Field observations
– Industrial	x	x	x		

Table 2 (continued)

Sector/Activity	Regional Coastal and Marine Area				Reference
	Western	Central	Greater Accra	Volta	
Security and defence (Forward operating base and patrols)	x	x	x	x	Ocloo (2022b)
Research, survey, and educational activities	x	x	x	x	Lazar et al. (2020); Teye et al. (2020)

Legend: x- present; List of activities adapted from Takyi et al. (2022).

3.3. Pressure

Single or multiple pressures (Fig. 3, Table 3) are the mechanisms of change created by one or more of the aforementioned human activities, which can affect the characteristics of the environments.

3.3.1. Extraction of living resources

The pressure from fishing activities includes the selective removal (i.e., high fishing mortality) of adult and juvenile fish species in coastal lagoons (e.g., *Sarotherodon melanotheron*), estuaries (e.g., *Tympanotonus fuscatus*), marine (e.g., *Caranx hippos*, *Katsuwonus pelamis*, *Thunnus obesus*, *Sardinella* spp., *Pseudolithius*), and shrimps at a catch per unit efforts ranging between about 0.03 (artisanal), 0.14 (semi-industrial) and 3.4 (industrial) mt/fleet/day (MoFAD, 2022). Adult and juvenile cetaceans also face pressure from selective capture. For example, *Stenella clymene*, *Peponocephalus electra*, *Steno* sp., and *Tursiops* sp. were being captured at a rate of 0.7 and 3 individuals/day at Dixcove in the Western Region of Ghana due to fishing activities (de Boer et al., 2016; van Waerebeek et al., 2009; Van Waerebeek et al., 2014). The pressure from the selective capture of sharks is currently at a rate of 7 to 10 and 1 to 5 individuals by specialised shark and bycatch fishers, respectively, per fishing trip (Sekey et al., 2022). In the case of *Lepidochelys olivacea* and *Dermochelys coriacea*, pressure from the selective capture was rated between 14 and 8 individuals/year, respectively, at Dzita (Volta Region) along the coast of Ghana due to fishing and hunting (Agyekumhene et al., 2021; Dzita Turtle Protection, 2021). Mangroves have also not been spared. The selective harvesting of mangrove species, including *Rhizophora mangle* and *Avicennia germinans*, among others, as fuelwood (e.g., 93 kg of mangrove trees/day in the Keta Lagoon), building materials, and the creation of land space for construction activities constitutes pressure on the mangrove resources (Nunoo and Agyekumhene, 2022; Sekey et al., 2023; Takyi et al., 2022).

3.3.2. Extraction of non-living resources

There is pressure from the selective extraction of non-living resources such as beach sediments (e.g., at a rate of 47,562.7 m³/year along the coastline of the Central Region), salt, oil (over 100,000 barrels/day) and gas (over 211 × 10⁶ standard cubic feet/day) due to mining activities (Ghana News Agency, 2023; Jonah et al., 2015a, 2015b; MoF, 2021b; Ofori-Atta, 2023). Another important pressure comes from the extraction of seawater for desalination, cooling of steam condensers, and the discharge of hot water from the several thermal plants along the coastal area of Ghana due to the operations of energy infrastructure (Roy et al., 2022).

3.3.3. Abrasion

Pressure from the high physical and mechanical interaction with flora and fauna is a function of the frequency and scale of activities. Activities such as fishing, dredging, mining of e.g., salt, over 2917 dump (tipper) trucks of sand/site/year, extraction of oil and gas, and construction of infrastructure such as refineries (Table 3) are present (Jonah et al., 2015a).



Plates B and C. New port terminal at Tema Port, and a container terminal infrastructure along the coast of Ghana. *Photo credit: Richard Takyi.*

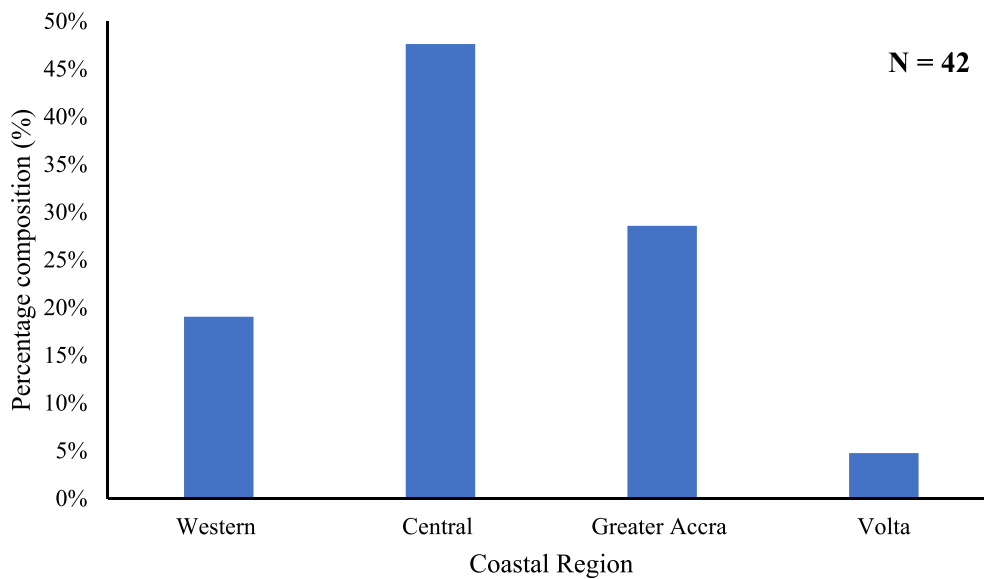


Fig. 4. Percentage composition of beach resorts along the coastal regions of Ghana, with the Central Region accounting for most beach resorts (Source: *Google Map and field observation*).



Plate D. Example of coastal defence structure along the Sakumono – Tema beach road in the Greater Accra Region of Ghana. *Photo credit: Richard Takyi.*

Table 3

Pressures generated from the human activities in coastal and marine environment of Ghana.

Pressure	Lagoons	Estuaries	Beaches	Marine
Selective extraction of living resources				
– Fish species	x			x
– Mangroves	x	x		
– Turtles and crabs	x	x	x	x
– Dolphins and whales				x
Selective extraction of non-living resources				
– Salt	x			x
– Oil and gas				x
– Sand	x		x	
Abrasion				
– Physical and mechanical interaction	x	x	x	x
Desiccation	x		x	
Smothering	x		x	x
Substratum loss	x		x	x
Introduction of materials and chemical compounds				
– Inorganic	x	x	x	x
– Organic	x	x	x	x
Underwater noise				x

Legend: x- present; List of pressure adapted from [El Mahradi et al. \(2020\)](#).

Additionally, leisure activities (e.g., walking, horse riding, and quad biking) on the sandy and rocky beaches by revellers and tourists constitute physical and mechanical pressure on sea turtles and shorebirds nesting on the sandy beaches and benthic species.

3.3.4. Desiccation, smothering and substratum loss

Desiccation, smothering (e.g., due to sediment influx and deposition), substratum loss (about 2 m/year along the coastline) and built-up (e.g., 0.05 km² along the Kokrobite-Bortianor coast) are pressures that emanate from human activities such as construction of infrastructure, mining and farming (Apeaning Addo et al., 2020; Atayi et al., 2022; Bofo et al., 2014; Ekumah et al., 2020). Increase in the rate of exposure to the sun and substratum loss to crabs (*Ocypode* spp.), and sea turtles (e.g., *L. olivacea*, *D. coriacea*, and *Chelonia mydas*) that use the littoral zone as habitats or nursery grounds attributed to coastal deforestation and sand mining activities constitute additional pressure (Agyekumhene et al., 2021; Jonah et al., 2015b; Tanner, 2013).

3.3.5. Underwater noise

Pressure from the underwater noise (i.e., localised noise) generated from shipping intensity of 1394–1593 vessels/year and construction of subsea infrastructure is also a source of pressure on marine organisms such as *Peponocephala electra* (GPHA, 2023; Ofori-Danson et al., 2022).

3.3.6. Introduction of chemical compounds and materials

There is pressure from the release of inorganic (e.g., macro- and microplastics, sediments, heavy metals) and organic compounds and materials into coastal and marine environments due to fishing and farming, mining, construction of infrastructure, shipping, leisure, and waste discharge activities (Badu et al., 2019; Takyi et al., 2022). For instance, the accumulation of litter on beaches and in coastal lagoons (at a rate of 0.028 items/m²/month) and the monthly localised oil spill (at least 10 km² of the sea surface) in extraction areas constitute pressure (Marine and Coastal Resources (esa), 2021; Nukpezah et al., 2021; Van Dyck et al., 2016).

3.3.7. Exogenic pressures

There are exogenic pressures from the changes in thermal regime, sea level rise (i.e., about 0.3 cm/year in over 21 years and is projected to increase nationwide to 39 cm by 2080), and wave exposure due to climate change exacerbated by human activities such as coastal deforestation, mining (e.g., sand and oil and gas), and construction of energy infrastructure (Elliott et al., 2017; EPA, 2021; GoG, 2021; Ministry of Foreign Affairs, 2018).

3.4. State change

This relates to the change in the state of coastal and marine environments due to single or multiple pressures resulting from the myriad of human activities (Fig. 3)

3.4.1. Stock of flora and fauna

The stock of small pelagic fisheries, i.e., *Sardinella* sp., *Engraulis encrasicolus* and *Scomber colias*, has declined, with some demersal and pelagic species either endangered or critically endangered due to the pressure of selective extraction and the effect of climate change (EPA, 2021; Takyi et al., 2023). For instance, the biomass of seabreams and snappers has declined between 2016 and 2019 by over 1300 t and 420 tonnes, respectively, due to fishing activities and the pressure of selective extraction (MoFAD, 2022). Some fauna in coastal lagoons have been lost (e.g., *Lutjanus goreensis*, grey mullet, shrimp, and crabs in the Fosu Lagoon), become scarce (e.g., *Mugil cephalus* in the Mukwe and Keta lagoons), or has declined (e.g., important international waterbirds) due to the pressure of selective extraction (Takyi et al., 2022). The species richness, evenness, and diversity of benthic macroinvertebrates in some coastal lagoons such as the Keta Lagoon, have decreased by 2.4, 1.2, and

4.1, respectively, due to pressure generated by anthropogenic activities (Addo et al., 2014; Mahu et al., 2023).

Crab populations that characterised the coastline of Cape Coast have declined due to pressure from human activities (Aheto et al., 2011; Jonah et al., 2015b). The nursery activities of sea turtles, including *L. olivacea*, *D. coriacea*, and *C. mydas*, are declining at the rate of 60, 17, and 2 nests/year along the coast due to the pressures generated from sand mining, fishing, and hunting (poaching and egg collection) activities (Agyekumhene et al., 2021). The vegetation (e.g., coconut and thick trees) that characterised the coastline of Ghana have drastically reduced. The mangrove forest is declining at a rate of 8.1 km²/year due to human activities and pressure from selective extraction (Anim et al., 2013; Johnson, 2020; Nunoo and Agyekumhene, 2022). Mangrove species such as the *Laguncularia* sp. are the most threatened species in coastal lagoons due to the pressure from mangrove harvesting (Ministry of Environment Science Technology and Innovation, 2016; Takyi et al., 2022).

Coastal wetlands and marine environments have been invaded by aquatic weeds and marine algae (e.g., *Enteromorpha flexuosa*), respectively, due to pressure from human activities and thermal regime change (Dzakpasu, 2019; EPA, 2021). The population of invasive species (e.g., *Viossa cuspidata*, *Salvinia molesta*, *Eichhornia crassipes*, *Pistia stratiotes*) is increasing along the western coast (EPA, 2021; Ministry of Environment Science Technology and Innovation, 2016).

3.4.2. Pollution of flora and fauna

The tissues of some aquatic organisms (*Crassostrea tulipa*, *S. maderensis* and *Ilisha africana*) have become polluted with microplastics fibre and pellets due to pressure generated by human activities such as waste disposal (Addo et al., 2022; Nuamah et al., 2023). Additionally, fish species, including *S. melanotheron*, have become polluted with heavy metal such as cadmium and arsenic (Takyi et al., 2022). There is bioaccumulation of manganese, molybdenum, zinc, and iron in marine microplankton and mesoplankton with potential for biomagnification along the food chain due to pressure from the release of chemical compounds and other materials (Chevrollier et al., 2022).

3.4.3. Habitats quality

The quality of coastal (e.g., Benya, Fosu, Korle, and Sakumo lagoons) and marine habitats have either declined or are declining due to pressures generated by several human activities (Amponsah et al., 2023; EPA, 2021). Coastal forests in wetlands, which serve as sanctuaries and breeding grounds, have become bare lands due to built-ups, waste disposal, and deforestation (e.g., about 13 % and 43 % of vegetation in Ankobra and Volta estuaries, respectively) (Kutir et al., 2022; Ministry of Environment Science Technology and Innovation, 2022). The carbon stock in trees and soil in the Kakum mangrove forest has declined by 0.9 and 2382 trees/ha, respectively (Adotey et al., 2022).

Some coastal lagoons (e.g., Benya, Korle, Mukwe, and Sakumo II) have become dissolved oxygen stressed, while others are severely stressed (e.g., Laloi Lagoon), and moderately polluted (e.g., Brenu Lagoon) with a dominance of stress-tolerant species (*Capitella capitata* and *Ampithoe* sp.), due to waste disposal and agricultural activities (Akwetey et al., 2021; Badu et al., 2019; Takyi et al., 2022). The near-shore waters at e.g., Sakumono, Korle Gonno and estuaries such as the Ankobra (pollution index of 1.9) and Pra (pollution index of 2.7 and turbidity >500 ppm) are polluted with high coliforms (*Escherichia coli*) and plastics due to the several human activities (Amponsah and Amarquaye, 2021; Faseyi et al., 2022; Okyere, 2019; Van Dyck et al., 2016). The water of coastal lagoons (e.g., Benya, Fosu, Narkwa, Korle, and Kpeshie) has acquired high faecal coliforms (*E. coli*) and heavy metal concentrations due to pressure generated by human activities such as waste discharge (Adinortey, 2014; Mensah, 2019; Takyi et al., 2022).

Additionally, the sediments of estuaries (e.g., Densu) and coastal lagoons (e.g., Korle and Kpeshie) have acquired high lead (Pb) concentrations (Akita et al., 2020; Clotey et al., 2022). Sediments of

lagoons, including the Mukwe and Kpeshie lagoons, have become polluted with microplastics due to pressure from human activities such as waste disposal (Chico-Ortiz et al., 2020; Clottey et al., 2022). The concentrations of arsenic (As), nickel (Ni), and copper (Cu) in seawater along offshore oil and gas pipelines have exceeded recommended levels by NOAA, while the offshore sediments have high total petroleum hydrocarbon for the pipeline route (about 72 mg/kg) and drill-field (about 1165 mg/kg) due to pressure from oil and gas activities (Sackitey, 2019). Pressure from ports activities have resulted in widespread dichlorodiphenyltrichloroethane (DDT), hexachlorocyclohexane (HCH), and polycyclic aromatic hydrocarbons (PAHs) contamination in the sediments of Tema Harbour, with concentrations ranging between about 2.8 and 5130 µg/kg dry weight (Botwe et al., 2017).

Large, coarse, and fragile sediments, which are weakly bonded with poor water-holding capacities, characterise areas with beach sand mining activities along the coast (Jonah, 2015; Jonah and Adu-Boahen, 2014). These areas also have large steep inclines, and exposed clayey or stony substratum that contribute to coastal erosion and make it difficult for nesting sea turtles to climb and access the beach (Jonah, 2015; Jonah and Adu-Boahen, 2014; Tanner, 2013).

The construction of infrastructure (e.g., dams and sea defence) and climate change have considerably reduced freshwater and seawater inflow as well as sediment supply from some areas, including the shoreline in Faana (Bortianor) and Tema, and into coastal wetlands such as the Keta and Sakumo II lagoons and other coastal areas, contributing to the increased rate of coastal erosion (Appeaning Addo et al., 2020; Issaka et al., 2019; Oteng-Ababio et al., 2011). Additionally, due to the construction of the sea defence, the sandy portion of the Elmina beach has become shorter and steeper, coupled with intensified erosion, decreased wave heights, and significant loss of sand (Angnuureng et al., 2022). The sea level along the coast of Ghana has risen by about 5.3 cm over the past 21 years due to pressure from climate change and human activities (GoG, 2021).

3.4.3.1. Primary production. Coastal upwelling is weakening, causing a decline in colder zooplankton species and an increase in warmer species. The biomass of the dominant zooplankton species, *Calanoides carinatus*, for instance, is declining, with a possible increase in the biomass of *Temora stylifera* and *Pennilia avirostris*, due to the effect of climate change (EPA, 2021). Some lagoons (e.g., Keta Lagoon) have become highly hypereutrophic, resulting in a significant loss of phytoplankton diversity in the last two decades, and lost about 11 genera due to pressure from human activities (Addo et al., 2014; Mahu et al., 2023).

3.4.4. Genetic resources

Genetic diversity is essential for the adaptation and resilience of coastal and marine organisms but can be affected by pressure from human activities and climate change (Rogers et al., 2021; Thompson et al., 2021). However, the State Change of genetic resources of coastal and marine organisms due to pressures from human activities and climate change is lacking as there is paucity of data.

Table 4

Examples of ecosystem services that have been impacted.

Provision services	Regulating services	Cultural services	Reference
Food (fish) Freshwater	Climate regulation Waste removal	Livelihood, and revenue (e.g., fishers) Aesthetics and recreational (e.g., coastline of Winneba and La, Korle Lagoon, etc) Security and safety	Adu-Gyamfi et al. (2020); Johnson (2020); EPA (2021); Ayilu et al. (2023)

3.5. Impact (on human welfare)

As evidenced by the impacts presented in Table 4. These alterations in the ecosystem's condition bear significant implications for the well-being of human populations, warranting meticulous examination and consideration in the context of sustainable resource management and decision-making (see Fig. 3 and Table 4).

3.5.1. Availability of fish as food and water

Considering the declining fish stocks in Ghana's coastal and marine environments, the country is grappling with inability to meet local demands for fish, necessitating the adoption of fish importation as a measure to enhance availability (Ashitey, 2019; Taylor, 2022). Moreover, certain coastal areas, specifically Keta and Winneba, have experienced a notable reduction in the supply and accessibility of freshwater for domestic and agricultural purposes, owing to coastal erosion and the intrusion of saltwater into the aquifers (Awo et al., 2017; Johnson, 2020).

3.5.2. Livelihood, and revenue

Some male fishers in coastal communities in the Central Region have resorted to the diversification of livelihoods, such as masonry, commercial driving, and trading due to a decline in fish catch (Danquah et al., 2021). The development of new sea defence infrastructure in the Keta, Anloga, and Ada East Districts places significant constraint on the livelihood of fishers residing in these areas (Gbedemah, 2023). Additionally, coastal erosion has brought substantial hardships on households in Keta, particularly in terms of diminished land area, with severe implications for agriculture and commercial activities (Tornyeviadzi et al., 2023).

The revenue of artisanal fishers and coastal fishing communities has declined, with fishmongers in Bortianor losing about US\$ 370 per month due to the decline in fish catch resulting from overfished stock (Ayilu et al., 2023; Sarpong, 2022). Artisanal fishers in the Western Region have also experienced income reduction from about US\$ 854 to US\$ 279 per annum due to the impact of oil production (Kophy, 2019).

3.5.3. Safety and loss of economic properties

Human activities such as sand mining have increased the frequency and scale of coastal erosion and flooding (e.g., at Fumeve, Agorkedzi, Ada, and Moree), increasing the vulnerability of such coastal communities (Appeaning-Addo and Adeyemi, 2013; Gyekye, 2021; Ofori, 2021; Osman et al., 2016).

About 37 % of the eastern coastal land of Ghana has been lost between 2005 and 2017 due to the effect of tidal waves (Darko et al., 2022; Senanu, 2021). Rampant coastal flooding due to human activities and pressure from climate change is reported to have displaced about 4000 people in Keta and 1000 people in Nkontompo, destroyed properties, including 40 homes and 0.6 km² of land in Keta, and caused coastal erosion at Anlo Beach at Shama (Adu-Gyamfi et al., 2020; Ayisi, 2022; Olympio and Amos-Abanyie, 2014; Tornyeviadzi et al., 2023; Yarboi-Tetteh, 2023). Additionally, the reduction in sediment supply to the coast and saltwater intrusions have contributed to the loss of infrastructure such as coastal roads between Keta and Havedzi township and properties such as arable land and houses in Ningo-Prampram and Keta (Armah et al., 2004; Darko et al., 2022).

Some wide dunes and beaches (e.g., Cape Coast, Elmina, and Moree) that served as landing spaces for artisanal fishers have been lost and turned rocky, contributing to the relocation of some fishers from these communities (Jonah and Adu-Boahen, 2014; Yarboi-Tetteh, 2023).

3.5.4. Reduction and loss of aesthetic and recreational value

The aesthetic and recreational value of some wetlands (e.g., Fosu, Korle, Sakumo II lagoons), beaches, and nearshore waters have been reduced due to the construction of sea defence (e.g., in the Abakam, and Anloga and Ada East districts), waste disposal activities (Plate E),



Plate E. An example of devaluation of aesthetic and recreational value due to the use of the coastal beach as a waste dump site. *Photo credit: Richard Takyi.*

erosion (e.g., Winneba), the bad odour and invasion of seaweeds such as *Sargassum* spp. and *Ulva clathrate* (EPA, 2021; Gbeckor-Kove et al., 2021b; Gbedemah, 2023; Johnson, 2020).

3.6. Responses and management measures

Several management measures (see Fig. 3) to reduce anthropogenic impact on the ecosystem have been implemented or are ongoing by several sectors. These include but are not limited to the following:

3.6.1. Coastal and marine wildlife management

Fisheries management policies (e.g., closed seasons) and laws (e.g., prohibition on landing mammals and gravid fish) have also been instituted to manage and reduce the impact of fishing activities and associated pressures (MoFAD, 2020; Tetra Tech, 2022). Additionally, a new Wildlife Resource Management Bill 2022 that consolidates all laws relating to wildlife, with provision for the prohibition of the killing or hunting of all protected animals (e.g., *Cetacea* spp., manatees, and sea turtles) and harvesting their eggs, among others, has recently been passed by the Parliament of Ghana.

Traditional and cultural beliefs that prevents hunting of sea turtles (e.g., sea turtles as sacred animals in Ada, Akwidaa, and Winneba), closes fishing activities (e.g., no-fishing on Tuesdays) and restoration of mangroves to serve as a nursery for fish belonging to the “god” of the lagoon are also present (Alexander et al., 2017; Dosu, 2017; Sagoe et al., 2021).

3.6.2. Coastal wetlands and marine ecosystem management

Some six coastal wetlands, including Songhor, Sakumo II, Keta, and Muni-Pomadze lagoons, have been designated as Ramsar sites under the Ramsar Convention to ensure their ecological integrities are protected (Ramsar, 2015). Additionally, several national policies and actions on climate change (i.e., the Ghana National Adaptation and Mitigation Plan), coastal protection (i.e., investment in control structures) and proper siting of industries have been initiated (GoG, 2021; MoFAD, 2022). Laws and regulations on pollution, mining and fishing (i.e., the Fisheries Act 625 of 2002 and Regulations L.I. 1968 of 2010), and institutions (e.g., Environmental Protection Agency of Ghana) have been put in place to controlled and managed the pressure from human activities on coastal and marine environments (Charuka et al., 2023; MoFAD, 2022; Nyarko et al., 2014; Ocloo, 2016). There are also bylaws and actions of the 26 coastal local assemblies, which include environmental protection, shoreline management, prevention and mitigation of flood hazards, and conservation of significant wetland ecosystems (Accra Metropolitan Assembly, 2019; Kankam and Robadue, 2013).

3.6.3. Adaptation to coastal erosion and flooding

Coastal afforestation, through the replanting of degraded forest, including mangroves and coconut trees, has been initiated by the GoG and coastal communities (e.g., Prampram) with support from other stakeholders to reduce the effect of coastal erosion and flooding (Darko et al., 2022; Kemp, 2023). Local communities in the Keta, Anloga, and Ada East districts use adaptation strategies such as filling beaches with sand, building away from the seashore, and raising the foundation of buildings to combat coastal erosion and flooding (Gbedemah, 2023).

3.6.4. Clean up exercises

Periodic clean up exercises along beaches and in coastal wetlands by non-governmental and governmental organisations, coastal communities, and foreign volunteers has helped to rid the environment of plastics, and other solid wastes (Adam, 2021; Prah, 2022; UNDP Ghana, 2022).

4. Response (as management measures)

In addition to the existing management measures, the implementation of the following recommended responses to address the drivers, activities, pressures, and change in the state of the coastal and marine environments could be considered by managers, scientists, decision makers and other stakeholders.

4.1. Provision of supplementary livelihood

There is the need to intensify efforts at offering supplementary livelihoods and other opportunities to fishers, mangrove harvesters, sand miners, and hunters (poachers) of sea turtles and waterbirds to reduce the pressure from their activities. Needs assessment of the resource exploiters and the availability of a ready market for products should be the basis for supplementary livelihood to ensure the sustainability of the revenues and livelihoods as well as contribute to the reduction of poverty.

4.2. Protect threatened, vulnerable, and endangered species and habitats

The protection of vulnerable, threatened, and endangered species and habitats should be intensified through enforcement and co-management to ensure ownership. Protected areas should be designated to reduce pressure from human activities.

4.3. Improve sanitation management

The current sanitation measures around coastal and marine environments should be improved through the provision of efficient waste disposal and collection systems, enforcement of the polluter-pay bylaws and the practice of waste separation.

4.4. Green infrastructure construction

Coastal infrastructure and the services they provide significantly affect national economies and people’s quality of life (Quintero, 2015). It is essential to adopt green infrastructure construction within and around coastal and marine environments to protect biodiversity, reduce pressure, state change and impact on welfare.

4.5. Adopt marine spatial planning (MSPs)

It is essential to have an MSP operational framework that can help to maintain the value of biodiversity while allowing sustainable utilisation of the economic potential of the resources. The MSP should be climate-ready, innovative and ecosystem-based, aided by technology and artificial intelligence (The World Bank, 2021).

4.6. Adopt preventive measures to coastal disaster risk management

Institution of robust Early Warning Systems (EWS) coupled with indigenous knowledge would ensure resilience against potential disasters. The EWS adopted must be preventive and not reactive with the support of technology (e.g., artificial intelligence).

4.7. Research-led development and management

Scientific research that integrates and regards the coastal and marine environment as a socio-ecological system should lead the management measures to remove siloed thinking and implementation. It would contribute to addressing the myriad of stakeholders and sector issues and ensure integration for the sustainability of the resources.

5. Conclusion

The present study employs the DAPSI(W)R(M) framework to expose the drivers of human activities within the coastal and marine environment of Ghana, encompassing physiological needs (i.e., food, water, and shelter), safety, livelihoods, and esteem needs. These drivers encompass a wide range of human activities, including fishing, seawater treatment for domestic and commercial purposes, mangrove harvesting, water-birds and sea turtles hunting, vegetables and crops farming, oil and gas mining and infrastructure construction, among others.

The impact of these human activities has led to the exacerbation of pressures, notably the selective extraction of fisheries resources, mangroves, beach sand, and oil and gas. The resulting consequences include abrasion, desiccation, smothering, and substratum loss, as well as the introduction of heavy metals and plastic materials, and the mounting pressure from climate change. As a consequence of these single and multiple pressures, adverse effects on coastal and marine ecosystems have been identified. These include declines in the small pelagic species and demersal biomass, degradation of wetland mangroves and contamination of sediments, water and aquatic organisms with plastics, high heavy metals, and faecal coliform. Moreover, sea level rise and the increasing incidence of erosion and flooding have impacted the Ghanaian coastal areas. The impact on ecosystem services due to the state change in the coastal and marine environment includes food (fish) availability because of the decline in fish catch, water (because of salt-water intrusion), and loss of revenue, infrastructure, and properties, among others. In response to the challenges, national policies, laws, and regulations, with bylaws and traditional rules for the management of fisheries, coastal wetlands and wildlife, and marine environment from fishing pressure and pollution, among others, have been initiated.

Despite these previous management efforts, the unsustainable practices and degradation of the coastal and marine environment persists. Thus, the study recommends implementing supplementary livelihood options based on comprehensive needs assessments of resource exploiters. Additionally, the adoption of co-management approaches, coupled with ownership incentives, is suggested for protecting sensitive habitats and threatened, vulnerable and endangered species. The integration of grey infrastructure solutions is also proposed as part of a multifaceted strategy to address the complex challenges facing the coastal and marine environment.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Data availability

The authors are unable or have chosen not to specify which data has been used.

Acknowledgement

We are thankful to Blue Resources Research and Policy Institute for funding and logistic support.

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