

Topics Discussed

- 1) What treatments do you know to be available for treating HIV? What is your opinion about these?(ARVs, Herbs, traditional medicine, spiritual healing, prayers and perceived benefits of treatment)
- 2) What is your experience of ART? (probe about adherence, side effects, pill burden, lack of food, lifestyle issues)
- 3) How do you think you are being treated by the health care providers? (Probe for privacy, confidentiality, respect, time spent with health provider, convenience i.e. integration with other services).What is the quality of care provided by the health care providers?
- 4) What do you think about the counseling that you receive? Are you counseled alone or in groups? (Probe especially on importance of adherence; effectiveness of counselling. What support are you given by the health care providers to help you adhere better to your medications? Have you disclosed?(at least to your partner)
- 5) What support is available for you in the community, in the family, in the workplace? (Probe about discrimination, stigma). Probe differences in perceived availability of social support verses social networks? Any negative social support?
- 6) What do you think are the key reasons for good adherence
- 7) What are the sources of motivation for adherence?
- 8) Duration of discussion (45mins); provide refreshments, Conclusion, thank participants.